

Minority ethnic women's experience of menopause: a mixed methods study

We would like to understand the minority ethnic women's experience of menopause, in order to improve health care intervention targeted at both menopause and later in the life course.

Eligibility:

1. Women from Black or Chinese communities living in Liverpool
2. Aged between 40 to 60 years old
3. Experienced perimenopausal or menopausal symptoms
4. Speaks English, Cantonese and/or Mandarin



Activities:

1. A one-to-one interview, at a time and venue convenient and comfortable to you. You will fill in a questionnaire and tell us your experiences about menopause and your life history.
2. If you are interested, we will invite you to a workshop to create stories using creative methods together. The stories will be used for a public exhibition.

You will receive a £20 voucher for your participation in the study.

Contact us: Dr Susan Waigwa- susan.waigwa@liverpool.ac.uk; 07767077115

Ms Ting Chow- ting.chow@liverpool.ac.uk; 07767082446 (can speak Cantonese and Mandarin)

Principal Investigator: Professor Susan Pickard, Department of Sociology, Social Policy and Criminology, University of Liverpool