



SAPC

SAPC NORTH 2024

Primary Care Mental Health
and Patient Participation in
Research and Medical Education



SAPC NORTH 2024

DETAILS

When: Wednesday 20th November

Where: University of Liverpool, Liverpool Guild of Students Conference Centre,
160 Mount Pleasant, Liverpool, L3 5TR

Email: SAPCnorth2024@liverpool.ac.uk

Website: liverpool.ac.uk/medicine/visit-us/sapc2024/

SAPC NORTH 2024 SCHEDULE

9.15 – 9.45

Lobby, entrance to
Stanley Lecture Theatre

Registration

9.45 – 10.30

Stanley Lecture Theatre

Welcome and Keynote Speaker Address – Professor Tony Kendrick

30 Years of Primary Care Mental Health Research | *Page 4*

10.40 – 12.40

Breakout Session 1:

**Oral Presentations:
Clinical Research**

Stanley Lecture Theatre | *Page 5*

**Oral Presentations:
Medical Education**

Library, First Floor | *Page 6*

**Workshop and Poster Presentations:
Clinical Research**

Mandela room, Second floor | *Page 7*

12.40 – 13.30

Elizabeth Gidney Rooms
Second Floor

Lunch

Posters on display and opportunity to attend the [VGM Sculpture Tour](#) if you so wish | *Page 9*

13.30 – 15.30

Breakout Session 2:

**Oral Presentations:
Clinical Research**

Stanley Lecture Theatre | *Page 11*

**Oral Presentations:
Medical Education**

Library, First Floor | *Page 12*

**Workshop and Poster Presentations:
Medical Education**

Mandela room, Second floor | *Page 13*

15.40 – 16.35

Stanley Lecture Theatre

Close and Keynote Speaker Address – Professor Sophie Park

Enabling Patient Partnership in Primary Care Clinical Education Research | *Page 15*

16.45 – 17.45

Stanley Lecture Theatre

Optional – Schwartz Round – “A patient I’ll never forget”

Led by Dr Laura Golding and Professor Mark Gabbay | *Page 16*

KEYNOTE SPEAKER

PROFESSOR TONY KENDRICK

9.45am | Stanley Lecture Theatre

Title: 30 Years of Primary Care Mental Health Research

Description: There are studies I'll remember, all my life, and some have changed care forever, and for better; some have gone and some remain.

Biography: Tony Kendrick is a Professor of Primary Care within Medicine at the University of Southampton. He has spent 30 years researching the management of common and costly mental health issues in primary care, influencing how conditions like schizophrenia and depression are treated. He has over 250 publications and earned his MD from St George's Hospital Medical School, with a thesis on training GPs to assess long-term mentally ill patients.

His work, including numerous trials and studies, has shaped clinical practice, contributing to NICE guidelines on depression and the UK GP contract's quality framework (QOF). His most recent research focused on techniques for primary care practitioners in assessing the needs of people with depressive symptoms, and helping patients reduce long-term antidepressant use - both proved effective in improving patients' wellbeing at low cost.

Elected a Fellow of the Royal College of General Practitioners in 1997 and the recipient of an Honorary Fellowship from the Royal College of Psychiatrists in 2001; In 2009, Professor Kendrick was awarded the RCGP President's Medal for his contributions to primary care mental health.



BREAKOUT SESSION 1

ORAL PRESENTATIONS: CLINICAL RESEARCH

We are pleased to offer 13 Oral Presentations on Clinical Research – **the following 7 will be presented in the morning session at 10.40am in the Stanley Lecture Theatre**, with a further 6 presentations in the afternoon.

Professor Nefyn Williams, University of Liverpool

Results of the FEMuR III randomised controlled trial of a community-based rehabilitation intervention following hip fracture

Dr Gydhia Al-Chalaby, University of Liverpool

The association between skeletal muscle mass and blood pressure in the adult population: A systematic review (Update)

Hilary Shepherd, Newcastle University

The association between multimorbidity and subsequent dementia: a descriptive cohort study using a representative UK database

Professor Maria Panagiotti on behalf of Dr Natasha Tyler, University of Manchester

Developing Dementia-Inclusive Resources to Improve Communication and Information Sharing Following Discharge from Mental Health Hospitals: SAFER-Dem

Dr Erin Beeston and Dr Kelly Birtwell, University of Manchester

Marginalisation multiplied: Improving autistic health inequalities through co-produced interdisciplinary research.

Kodchawan (Pim) Doungsong, Bangor University

A cost-consequence analysis of a community-based rehabilitation programme following hip fracture

Professor Miriam Johnson, University of York

Cancer Patients' Needs ASSESSment in Primary Care: A cluster randomised controlled trial

BREAKOUT SESSION 1

ORAL PRESENTATIONS: MEDICAL EDUCATION

We are pleased to offer 12 Oral Presentations on Medical Education – **the following 6 will be presented in the morning session at 10.40am in the First floor Library Room**, with a further 6 in the afternoon.

Dr Alastair Dodsworth, Newcastle University

Patient and preceptor perceptions of the impact Longitudinal Integrated Clerkship (LIC) medical students have on patient care

Dr Rebecca Farrington, Edge Hill University and Dr Elora Baishnab, University of Manchester

Student and academic perspectives of 'Active Bystander' training for undergraduate medical students

Professor Hugh Alberti and Dr Annie Iyalla-Harry, Newcastle University

Ethnic Minority GP trainees' perceptions of Careers in Medical Education: Durham & Tees Valley Training Programme

Dr Laura Stuart, Lancaster University

How do Foundation Programme GP rotations influence perceptions of General Practice in Foundation doctors?

Dr Shireen Tahir and Dr Sarah Merrifield, University of Manchester

Can recorded GP consultations develop Year 1 medical students' professional identity?

Jemima Thursz, Newcastle University

Investigating the perspective of medical students on global health education.

BREAKOUT SESSION 1

CLINICAL RESEARCH WORKSHOP (AND POSTER PRESENTATIONS)

There are two workshops, both held in the Mandela Room. The first workshop, on Clinical Research, starts at 10:40 AM and is detailed below, and the second, on Medical Education, will take place in the afternoon.

Each session includes 90 minutes of interactivity and 10 brief poster presentations. We advise you choose to attend either the morning or the afternoon workshop, based on your interests.

Clinical Research Workshop Title:

How can we thrive and maintain personal wellbeing whilst working in clinical academia?
An interactive workshop for all who work in health services research.

Synopsis:

This interactive session gives you the opportunity to dive into concepts of personal and professional wellbeing, reflect on your current working practices, identify challenges and develop strategies to prioritise your wellbeing at work.

Facilitators:

Dr Victoria Silverwood, GP and NIHR Clinical Lecturer, Keele University
Dr Sam Merriel, GP and NIHR Academic Clinical Lecturer, University of Manchester
Dr Tamsin Fisher, Research Associate, Keele University

BREAKOUT SESSION 1

CLINICAL RESEARCH WORKSHOP (AND POSTER PRESENTATIONS)

At the conclusion of the workshop, we invite you to join us for the following 10 Poster Presentations.

Hiyam Al-Jabr, Keele University | Interventions to support mental health conditions associated with long COVID: a scoping review

Alfred Broughton, University of Manchester | How Does Building Design Impact Health? A Systematic Review

Dr Kritica Dwivedi, University of Sheffield | Complex Mental Health Difficulties in Primary Care: a scoping review with thematic synthesis

Dr Bec Elvey and Dr Emma McManus, University of Manchester | Diffusion of an innovation at scale in English primary care by academic health science networks: a case study of inclisiran

Dr Tamsin Fisher, Keele University | Exploring the role of community pharmacy in providing advice and support for people with Long Covid: A qualitative study.

Adam Orford and Molly J Handy, University of Sheffield | Management of long-term complications of androgen deprivation therapy for prostate cancer on cardiometabolic health – a rapid review

Dr Michelle Rickett, Keele University | Navigating discharge from Early Intervention in Psychosis Services: a qualitative study of the experiences of Service Users and Carers

Dr Victoria Silverwood, Keele University | How can we improve care for perinatal anxiety (PNA) in primary care? Insights from a community engagement and involvement event with PNA stakeholders

Aliah Sagar, Liverpool John Moores University | The feasibility and effectiveness of a clinical exercise physiologist led physical activity service for people with long term conditions in a UK Prima

POSTER DISPLAY

AVAILABLE IN ELIZABETH GIDNEY ROOMS

This research will be displayed over the lunch break at 12.40 – 13.30, allowing the opportunity for you to discuss informally with authors.

Arayan Jand, Newcastle University | Applying realist methods to explore the impact of GPs as role models to undergraduate medical students

Dr Michael Harrison, Newcastle University | Placement models, developments and innovations for expanding placement capacity within primary and community care placements: a scoping review

Yihan Shi, Newcastle University | Is the term "student doctor" appropriate for a medical student?

Dr Jessica Dudley, University of Leeds | Enhancing Interdisciplinary Learning through Team-Based Learning in General Practice

Dr Uchechukwu Eleazu, Newcastle University | Integration of International Medical Graduates into Host Country's Primary Care Practice

Charlotte Shaw and Dr Helen Marsden, University of Manchester | Neurodiversity and Equity in Healthcare Education: Are We All-inclusive?

Dr Tamsin Fisher on behalf of Dr Noureen Shivji, Keele University | Challenges and opportunities of using primary care electronic health records (EHRs) to identify increased risk of perinatal anxiety (PNA): a mixed methods study.

Alaa Eleyan and Amina Aja, University of Manchester | Teaching to Teach

Aisha Awan, University of Manchester | Identifying and Navigating Barriers to GP registration and access for Refugee and Asylum-Seeking doctors in the NHS

Dr Rachelle Jones, University of Warwick | Challenges experienced by GPs when providing palliative care

Ailish Byrne, Keele University | PhD overview: Using Big Data to Understand Healthcare Use in People with Fibromyalgia

Aghna Wasim, Keele University | "It's supposed to be a joint effort" – Understanding the social needs of women with perinatal anxiety

POSTER DISPLAY cont.

AVAILABLE IN ELIZABETH GIDNEY ROOMS

Dr Genevieve Shimwell, University of Manchester | Assessing Learning Needs to Improve Mental Health and Well-Being in the Primary Care Workforce

Carolyn Chew Graham, Keele University | Making the diagnosis of bipolar disorder: a qualitative study reporting perspectives of General Practitioners and Psychiatrists

Dr Patrick Burch, University of Manchester | Tachyphlaxis and B12 injections: a scoping review

Benjamin Cotterell, Bangor University | The importance of Patient and Public Involvement and Patient Advisory Groups on a phase III clinical trial in diagnosing cancer earlier in GPs

Pritika Sagar, University of Central Lancashire | Why are breast cancer screening rates lower in women with Learning Disabilities? A Systematic Review

Dr Samatar Osman, Keele University | Defining a theoretical framework for the referral process at the primary-secondary care interface and what constitutes a "good referral"

Dr Dario Rydel and Aaron Drovandi, University of Manchester | Exploring Refugee and Asylum Seeker doctors' experiences of patienthood and culturally responsive communication

Katie Saunders, Keele University | Secondary analysis using behaviour change theory to inform a Fire and Rescue Service-led mental health intervention for older adults

Dr Peter Knapp, University of York | Why are people with a learning disability less likely to be screened for bowel cancer? A systematic review

Dr Babu Karavadra, University of Liverpool | Exploring the delays to diagnosis of endometriosis, a healthcare professional perspective

Lydia Child, University of Manchester | The Role and Impact of community services in tackling inequalities and improving healthcare – addressing UN Sustainability Goals: A Critical Appraisal

Dr Malabika Ghosh, University of Central Lancashire | Can prehabilitation improve outcomes in patients with aortic stenosis undergoing a TAVI (transcatheter aortic valve implantation)?

Dr Louise Clarke, University of Nottingham | A systematic review of the barriers to diagnosis of vulval lichen sclerosus in primary care

Jack Devoy, University of Manchester | The Impact of Mindfulness Based Stress Management on Patients with Diabetes, Ischaemic Heart Disease and Depression: A Systematic Review

BREAKOUT SESSION 2

ORAL PRESENTATIONS: CLINICAL RESEARCH

We are pleased to offer 13 Oral Presentations on Clinical Research in the Stanley Lecture Theatre – 7 will be presented in the morning session and **the following 6 in the afternoon from 13.30**. All presentations have dedicated slots with time for questions, so please come prepared!

Lauren Gray, Keele University

Psychosocial interventions to prevent anxiety and depression in people with long-term conditions: a systematic review

Dr Tamsin Fisher, Keele University

How, why, for whom and when do help-seeking interventions for anxiety and/or depression work among older adults? A realist review

Chloe Lobb and Rebecca Garrett, University of Leeds

Investigating the Barriers Faced by People Experiencing Homelessness and Mental Ill Health when Accessing Healthcare: A Systematic Review

Professor Maria Panagioti and Nicola Cassidy, University of Manchester

Nominal Group Technique Workshops to Refine, using Co-design, a Mobile App for People Living with Post-Traumatic Stress Disorder (PTSD Hub)

Professor Maria Panagioti and Nong Mo Hom and University of Manchester

Experiences of ethnic minorities interacting with mental health services throughout the COVID-19 pandemic

Dr Andrew Moriarty, University of York

Clinical prediction models for primary care mental health: qualitative study exploring GP and patient perspectives

BREAKOUT SESSION 2

ORAL PRESENTATIONS: MEDICAL EDUCATION

We are pleased to offer 12 Oral Presentations on Medical Education in the First floor Library Room – 6 will be presented in the morning session and **the following 6 in the afternoon from 13.30.**

Kelly Fletcher, University of Manchester

Neuro-inclusion in medical education: are we providing neuro affirmative experiences to include neurodivergent learners?

Isaac Frost, Newcastle University

Exploring medical students views on developing communication skills with dying patients and their families

Lucy Richardson, Newcastle University

Understanding student perspectives on clinical reasoning teaching within Newcastle University MBBS curriculum

Dr Tharshne Shanmugam, Newcastle University

Practical interventions to promote patient involvement in medical education: a GP workshop.

Ellie Ward, Newcastle University

Humanising the Curriculum

Khui Wee and James Lavery, Newcastle University

Exploring Curiosity in Undergraduate Medical Education

BREAKOUT SESSION 2

MEDICAL EDUCATION WORKSHOP (AND POSTER PRESENTATIONS)

There are two workshops, both held in the Mandela Room. The first workshop is on Clinical Research and the second, on Medical Education, will take place in the afternoon from 13.30 and is detailed below.

Each session includes 90 minutes of interactivity and 10 brief poster presentations. We advise you choose to attend either the morning or the afternoon workshop, based on your interests.

Medical Education Workshop Title:

Breaking the mould on patient participation – immersive and interactive teaching of physical disability.

Facilitators:

Dr Fiona Greeley, Disability and Care in the Community Theme Lead and Dr Victoria Wright, Community Clinical Teacher, University of Liverpool

Synopsis:

This session invites you to consider the challenges and benefits of working with third sector organisations, develop ideas on how to deliver teaching in the community in an interactive and immersive way and explore how this can enhance medical education.

BREAKOUT SESSION 2

MEDICAL EDUCATION WORKSHOP (AND POSTER PRESENTATIONS)

At the conclusion of the workshop, we invite you to join us for the following 10 Poster Presentations.

Anna Chrimes and Clare Clark, University of Manchester | What knowledge do Medicine (MBChB) students at the University of Manchester have on Autism Spectrum Condition, and how can this be improved?

Aashobanaa Duraisaminathan Valli, Newcastle University | Narratives of women from ethnically minoritised backgrounds about their medical undergraduate experiences

Dr Tom Fairfax, University of Sunderland | Intended career destinations for medical students: a longitudinal survey

Olivia Fishwick and Aashobanaa Duraisaminathan Valli, Newcastle University | Clinical Skills Interactive Videos

Dr Marc Handford, University of Manchester | Using Livestreamed Consultations with Simulated Patients to Increase Clinical Experience and Develop Clinical Reasoning in Year 1 & 2 Medical Students

Dr Susan Harris, University of Manchester | Clinical Debrief in Undergraduate Medical Education

Dr Helen Marsden and Kirsten Agnew, University of Manchester | Podcasts in Medical Education: What is their value?

Dr Genevieve Shimwell and Dr Anjali Vaidyanathan, University of Manchester | Rising Mental Health needs of Generation Z: How can we support them in their learning and working environments?

Dr Anjali Vaidyanathan, University of Manchester | Embedding Ethnic Minority Health into Undergraduate Early Clinical Years Placements: A New Community Skills Initiative

Dr Samantha Wong, Dr Danya Haboubi and Dr Farazi Virk, University of Leeds | An educational approach to teaching persistent physical symptoms: unlocking the patient perspective to enhance quality of care

KEYNOTE SPEAKER

PROFESSOR SOPHIE PARK

15.40 | Stanley Lecture Theatre

Title: Enabling Patient Partnership in Primary Care Clinical Education Research

Description: This talk will explore what PPI can mean: enabling you to value and include new and challenging perspectives in collaborative and meaningful ways. You will consider what patient partnership can bring to the participants and process, and tips to get started, as well as perspectives on why PPI is imperative for future knowledge exchange and production.

Biography: Professor Sophie Park is a GP in Hertfordshire and Professor of Primary Care and Clinical Education in the Nuffield Department of Primary Care Health Sciences at the University of Oxford. She is also Director of Undergraduate Primary Care studies and leads the 'Workforce and Learning' Research Group. She is also a Senior Research Fellow at Harris Manchester College, Oxford, and an Honorary Professor at UCL, where she worked for over 20 years.

She chairs the RCGP Scientific Foundation Board and the SAPC Education Research special interest group, and co-chairs the NIHR Incubator for Clinical Education Research and the NIHR School of Primary Care Research Evidence Synthesis Working Group.

Her research focuses on clinical care delivery, learning systems, and patient partnership to guide the development of education and research. Her latest book, *Generalism in Clinical Practice and Education*, is available open access from UCL Press.



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SCHWARTZ ROUND

At the conclusion of the conference, attendees are warmly invited to stay on for an optional Schwartz Round session.

Theme	'A patient I'll never forget'
Facilitators	Dr Laura Golding, Clinical Psychologist, Programme Lead for Schwartz Rounds in Higher Education for Point of Care Foundation Professor Mark Gabbay, Professor of General Practice at the University of Liverpool, GP and Director of NIHR Applied Research Collaboration North West Coast
Background	<p>Schwartz Rounds provide a structured, facilitated and emotionally contained space for healthcare staff and learners to come together to discuss the emotional aspects of their work and support their capacity to deliver compassionate care.</p> <p>The Rounds help to normalise the strong emotions that arise from working in healthcare and enable staff and students to have greater insight, compassion for and appreciation of the roles and work of other healthcare staff.</p> <p>Here at the University of Liverpool in 2016 we pioneered multidisciplinary students' Schwartz Rounds and led the project spreading across the wider regions and universities, as well as the first GP practice to establish rounds in 2017.</p>

SAPC NORTH 2024

SPECIAL THANKS TO OUR ORGANISING COMMITTEE

Dr Matthew James

Supratheme Lead for Patient in the Community Setting School of Medicine

Professor Nefyn Williams

Professor of Primary Care – Department of Primary Care and Mental Health

Dr Eduard Shantsila

Head of Department of Primary Care and Mental Health

Professor Mark Gabbay

Professor of Primary Care & Mental Health

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