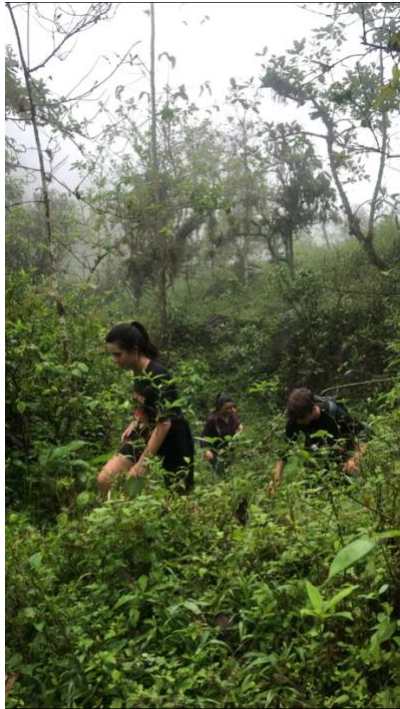# Sports Education, Animal Sanctuary and Environmental Education project, Ecuador

Annie Silker, *Mathematics*

(a) For the first two weeks I taught PE to primary school children. On the Sports Education project, I worked in the local school to develop and assist physical education classes run by a local teacher. I supported the whole class, individual students or the teacher in physical education lessons, games, motor development, movement activities or specific sports such as soccer, basketball or aerobic exercise. Then for 2 weeks I worked with the animal sanctuary to help rescue and look after sick/injured animals and work to improve the environment, for example by cleaning the beaches and ensuring rules were abided by locals regarding the environment. The Environmental Education project focuses on educating the local community, both children and adults, about techniques for restoring and preserving the local habitat while fostering social and economic development. The work on this project involves a range of activities, including beach clean ups, community upcycling and recycling programs, assisting with environmental clubs and gardening programs in local schools, tree planting programs and leading community workshops.

(b) Host organisation: IVHQ https://www.volunteerhq.org/gb/?mkwid=sstB1UuDC-
dm_pcrid_270400092409_pkw_ivhq_pmt_e_&pgrid=53577384217&ptaid=kwd-
356114147927&gclid=EAIaIQobChMI0JbH2ID25AIVCbLtCh1evwgqEAAYASAAEgLS1_D_B
wE

(c) The trip was extremely beneficial because by living in an environment where speaking
English isn't possible meant that my level of Spanish increased profoundly and I became
confident having to meet and work with new people, and get by every day life in a third
world country that didn't speak my first language. In terms of career development it has made
me realise that in the future I would like a job where my language skills can be used and
where I can help improve the world either by working with local communities or to help the
environment, furthermore I would like to travel with my career.