SELF-REFLECTION

Research Staff Conference 2023

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| **What have you learned at the Research Staff Conference?** | Were any of your existing views changed or challenged?  What key strengths did you uncover?  What areas of development have you missed? |
| Please type here | |
| **What are you going to change in the short term?** | Is there anything you can do differently starting tomorrow?  What specific actions will you take to apply or follow up your learning? |
| Please type here | |
| **What do you hope to change in the next 3 months?** | What do you hope to be doing differently in 3 months’ time?  What steps will you take to achieve them?  How can others help you reach those aims? |
| Please type here | |

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