

Foundation to Human and Animal Health Professions (Physiotherapy) (Year 0)

BSc (Hons)

COURSE DETAILS

- UCAS code: 4RAD
- Study mode: Full-time
- Length: 4 years

KEY DATES

- Apply by: [29 January 2025](#)
- Starts: 22 September 2025

Course overview

A year zero foundation programme, designed for mature students who have typically been out of formal education for some time or who have taken non-traditional qualifications, which leads to access onto a Physiotherapy BSc programme.

INTRODUCTION

The University of Liverpool, in collaboration with local FE partners, has developed a year zero foundation programme for Home students that leads to access onto a variety of vocational Health Studies programmes. Our Foundation to Human and Animal Health Professions (Physiotherapy) course is for students seeking entry to undertake the Physiotherapy BSc (B160) programme.

Students seeking entry to Physiotherapy will study year zero at Carmel College, St Helens before joining year one at the University of Liverpool campus. [Carmel College, St Helens](#), about nine miles from the university campus, offers small class sizes and high standards of academic achievement.

This programme is specifically targeted at Home mature and non-traditional students, who typically have taken a break from studies.

Please note that we will not consider applications from prospective students who have multiple UCAS applications for a variety of programmes, as this does not demonstrate a clear commitment.

For further information on how to apply to this programme please contact: shs@liverpool.ac.uk.

WHAT YOU'LL LEARN

- Skills needed for independent study at undergraduate degree level
 - Undertaking a variety of learning methods and assessment tasks
 - A breadth of patient-focused practical experience in a region with a particularly diverse population
 - How to diagnose and holistically treat a wide variety of clinical problems
 - Academic and professional skills
 - An excellent range of practical experience in a wide variety of settings
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ROUTES

- [Physiotherapy](#) BSc (Hons)
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Course content

Discover what you'll learn, what you'll study, and how you'll be taught and assessed.

YEAR ZERO

In all modules at year zero, the study skills needed for independent study at undergraduate degree level are developed. Students are also introduced to a variety of learning methods, such as formal taught sessions, workshops and practical laboratory sessions, as well as a variety of assessment tasks, such as written assignments, in class data handling, written and practical examinations to provide a good grounding for vocational programmes.

There are some shared modules for all students, and then route specific modules to ensure the students are prepared for their chosen undergraduate programmes.

COMPULSORY MODULES

BIOLOGY FOR HEALTH STUDIES 1 (HEAL001)

Credits: 22.5 / Semester: semester 1

This first semester module is part of the one year Foundation to Human and Animal Health Professions programme and aims to facilitate knowledge and understanding of the basic structure and function of the mammalian body at a cellular level which is required before students study HEAL002 Biology for Health Sciences 2 in semester 2. It is designed for all routes through the programme to include Allied Health Professions, Nursing, Medicine, Dentistry, Dental therapy and Veterinary Science.

It can be delivered either face to face or through a blended approach using small group e-lectures and e-tutorials based upon DoFE guidelines at the time of delivery. Support tutorials will be offered alongside laboratory teaching sessions onsite to promote development of practical skills relevant to the biological sciences and independent learning strategies. The module is assessed by continuous coursework based on the practical laboratory skills and an end of semester multiple choice examination to assess knowledge of structure and function of mammalian cells.

BIOLOGY FOR HEALTH STUDIES 2 (HEAL002)

Credits: 22.5 / Semester: semester 2

This second semester module is part of the one year Foundation to Human and Animal Health Professions programme and is designed to build on the knowledge and understanding of mammalian cells developed in the semester 1 HEAL001 Biology module. It is delivered to all students on the programme to include Allied Health professions, Nursing, Medicine, Dentistry, Dental Therapy and Veterinary Science routes. The module introduces the student to more complex physiological processes in mammals and to some aspects of gross mammalian anatomy. The module can be delivered either face to face or using a blended approach with some face to face and small group e-lectures, as well as on-site tutorials to include laboratory work which develops practical skills relevant to the biological sciences and promotes independent learning strategies. The mode of delivery will depend upon DoFE guidance. The module is assessed by coursework and an end of semester written examination to assess knowledge of the systems explored.

MATHS FOR HEALTH STUDIES 1 (HEAL003)

Credits: 7.5 / Semester: semester 1

This first semester module forms part of the Foundation to Human and Animal Health Professions Programme and aims to facilitate knowledge and understanding of basic mathematical concepts which underpin calculations used in the HEAL001 Biology 1, HEAL002 Biology 2 and introduction to research included in HEAL006 Applied Psychology modules. It is designed for the Allied Health and Nursing routes through the programme. It also prepares students for further study in their chosen professional pathway which will require an understanding and application of mathematical calculations. The module is normally delivered face to face, however if needed it can be offered as a 50/50 hybrid blended approach using lectures/e-lectures, small group tutorials on-site and on-line using University of Liverpool electronic platforms. It also includes continuous weekly formative feedback sessions to support students in their problem solving abilities. This module is assessed by a one hour unseen written paper which can be delivered electronically online or face to face on site depending upon DoFE COVID guidelines which are not yet available for this academic year.

MATHS FOR HEALTH STUDIES 2 (HEAL004)

Credits: 7.5 / Semester: semester 2

This second semester module forms part of the Foundation to Human and Animal Health Professions programme and builds upon the sem 1 HEAL003 Maths 1 module. It is designed for the Allied Health and Nursing routes through the programme. It introduces additional mathematical concepts which underpin the HEAL002 Biology2 and HEAL007 Health and Social Care for Health Sciences modules that require application of maths in either laboratory sessions or in research. It is normally delivered through face to face interactive teaching sessions, however if COVID restrictions are still in place then a 50/50 blended approach using e-lectures and e-tutorials as well as on-site small group work will be implemented. Weekly formative self assessment exercises are offered to encourage the student to analyse their progress and identify any areas of concern. This module is assessed by an unseen written examination paper which will be delivered either face to face or electronically through University of Liverpool platforms depending upon DoFE guidance.

FOUNDATIONS OF PROFESSIONAL STUDIES (HEAL005)

Credits: 15 / Semester: whole session

This module forms part of the Foundation to Human and Animal Health Professions programme and is delivered over both semester one and semester two. All students take this module, apart from those on the Veterinary Science route who have their own professional studies module (HEAL012). The foundation route has ten health professional pathways leading to a vocational career where an understanding of health and social care is essential. This module is designed to introduce the Allied Health, Nursing, Medicine, Dental and Dental Therapy students to the health and social care environment and the issues currently faced within it. In addition it supports the development of study skills that will support students throughout their degree and into their professional careers.

The module is partly assessed through a reflective portfolio which can be carried forward throughout their degree and into clinical practice. Students will also create an assessed presentation on a topic that interests them and deliver it to their peers. This is an essential skill in health related careers where presentation of research findings at conferences is common.

Relevant topics to support development of the portfolio and presentation are delivered through interactive lectures, small group discussions, seminars and practical sessions. The module contains compulsory elements such as a background to reflective practice and the use of portfolios; reflective assignments based upon the student's own learning experiences and a short essay exploring the health and social care environment through research of published work. This final task demonstrates the students research skills that are essential moving forward in their studies.

A formative assessment opportunity is in place at the end of semester one to ensure a student has feedback on their work to feed forward into semester two and aid completion. The portfolio is submitted in electronic format using the University of Liverpool electronic platforms. The presentation is delivered either face to face or via a virtual learning platform.

APPLIED PSYCHOLOGY FOR HEALTH STUDIES (HEAL006)

Credits: 22.5 / Semester: whole session

This module is delivered across both semesters and forms part of the Foundation to Human and Animal Health Professions programme leading to a vocational degree in the Health Sciences and a clinical career. It is designed for the Allied Health Professions and Nursing routes through the programme. Psychology is an integral part of those degrees focussed upon the patient and their healthcare journey. This module offers an introduction to key psychological aspects through the scientific study of human thought and behaviour that attempts to explain how and why people act, react and interact both as individuals and in groups. It interrelates with social science, behavioural science, neuroscience and health science and leads to an understanding of the relationship between brain function, the environment and human behaviour which will be useful for students moving forward. Principles of applied psychology delivered in the module focuses on the use of these various psychological concepts to understand how an individual's health and wellbeing might be affected.

Under normal conditions the module is delivered face to face, however can be offered using a 50/50 blended hybrid approach with some sessions delivered on line if required following DoFE guidance. A range of learning experiences are used to include lectures/e-lectures, small group tutorials/e-tutorials and group work.

The module is assessed by coursework and an end of semester 2 written examination which can be managed onsite or remotely if needed.

HEALTH AND SOCIAL CARE FOR HEALTH SCIENCES (HEAL007)

Credits: 22.5 / Semester: semester 2

This semester 2 module forms part of the Foundation to Human and Animal Health Professions programme which leads into vocational degrees and a professional career in healthcare. It is designed specifically for the Allied Health professions and Nursing routes on the programme.

As a subject discipline, Health and Social Care combines elements of sociology, psychology, biology, nutrition, law, and ethics, and is therefore a relevant area to include in this programme.

This module complements information delivered in HEAL002 Biology 2 and HEAL006 Applied Psychology for Health Studies by giving additional context within the UK healthcare provision and linking to the other elements described above. It aims to help students understand issues such as what 'health' is, how it can be assessed/measured, the many biological, psychological, environmental, and ethical factors that can influence the health of individuals in a negative or positive way. In addition the principles and importance of health promotions in educating people to change behaviours for the betterment of their health are explored. The module is delivered through a range of methods to include lectures/e-lectures, tutorials/e-tutorials and student led group work.

There are two elements of assessment : Coursework and a presentation.

Any optional modules listed above are illustrative only and may vary from year to year. Modules may be subject to minimum student numbers being achieved and staff availability. This means that the availability of specific optional modules cannot be guaranteed.

HOW YOU'LL LEARN

Learning is promoted through a wide variety of activities that enable students to become autonomous and continuous learners. Interactive lectures, practical and clinical skills group work, simulation, directed study, role play, problem based learning, small group work, student-led seminars, collaborative project work and interactive tutorials are key learning strategies of the programmes. Practical work using our imaging suite digital equipment, 3D virtual reality radiotherapy facility, Clinical Skills Resource Room and the Human Anatomy Resource Centre complement teaching activities. Face-to-face interactions between all students will occur at shared lectures, tutorials and group work and online interaction will be encouraged and facilitated. There are also inter-professional education and learning opportunities across all healthcare professions programmes.

HOW YOU'RE ASSESSED

Using a mixture of coursework and examination, a range of assessment methods can be seen across the programmes. These include seen and unseen written examinations, essay assignments with specific word lengths, multiple choice questions, case study presentations, video analysis and interactive practical examinations. Assessment of the work-based learning element of all programmes is an important aspect. You will be required to communicate your views orally and in written form; analyse, implement and evaluate your practice; and to extend the research and evidence base of your chosen profession.

The various methods of assessments have been chosen to provide a balance that will permit the undergraduates to demonstrate their intellectual abilities in all areas to the full.

LIVERPOOL HALLMARKS

We have a distinctive approach to education, the Liverpool Curriculum Framework, which focuses on research-connected teaching, active learning, and authentic assessment to ensure our students graduate as digitally fluent and confident global citizens.

Careers and employability

A Physiotherapy degree from the School of Allied Health Professions and Nursing can set you up for a rewarding and challenging career in a diverse range of professional environments. Many graduates choose to work in the NHS, but others may decide to find employment in industry, private practice, sport, research or teaching.

You will have gained a qualification that meets the Government's criteria for 'fitness for purpose' and 'fitness for practice' as well as developing transferable skills relating to communication, information technology, problem solving and teamwork.

Physiotherapy graduates are eligible to apply for membership of the Health and Care Professions Council (HCPC) and the Chartered Society of Physiotherapy. There are many employment opportunities for physiotherapists to work in a wide range of clinical settings, from paediatrics to older persons' care. Your UK qualification also provides an opportunity to work abroad in many countries.

You will have gained a qualification that meets the Government's criteria for 'fitness for purpose' and 'fitness for practice' as well as developing transferable skills such as communication, information technology, problem solving and teamwork.

Students will develop skills including:

- Information gathering and analysis
- Problem solving
- Communication (written and oral)

- Numeracy
- Information and communication technology
- Working with others
- Time management
- Self-directed learning.

99% OF SCHOOL OF ALLIED HEALTH PROFESSIONS AND NURSING STUDENTS FROM THE UNIVERSITY OF LIVERPOOL FIND THEIR MAIN ACTIVITY AFTER GRADUATION MEANINGFUL.

Graduate Outcomes, 2018-19.

Fees and funding

Your tuition fees, funding your studies, and other costs to consider.

TUITION FEES

UK fees (applies to Channel Islands, Isle of Man and Republic of Ireland)	
Full-time place, per year	£9,535
Foundation year fee	£7,500
Year abroad fee	£1,385

International fees	
This course is not available to international students.	This course is not available to international students who require a visa to study in the UK. However, if you're a 'home' student and you've lived outside of the UK, you'll need to complete a fee status questionnaire as part of your application. We'll then assess your fee status and in some cases, home students who've lived outside of the UK may be required to pay the international fee rate. Check your tuition fee status on our webpages.

Following the foundation years, standard course fees apply.

The UK full-time tuition fee and foundation year fee shown are correct for 2025/26 entry. We are currently awaiting confirmation of whether the year abroad fee will change, so the fee shown is for 2024/25. Please note that the year abroad fee also applies to the year in China.

Tuition fees cover the cost of your teaching and assessment, operating facilities such as libraries, IT equipment, and access to academic and personal support. [Learn more about fees and funding.](#)

ADDITIONAL COSTS

We understand that budgeting for your time at university is important, and we want to make sure you understand any course-related costs that are not covered by your tuition fee. This

could include buying a laptop, books, or stationery.

Find out more about the [additional study costs](#) that may apply to this course.

SCHOLARSHIPS AND BURSARIES

We offer a range of scholarships and bursaries that could help pay your tuition and living expenses.

We've set the country or region your qualifications are from as United Kingdom. [Change it here](#)

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UNDERGRADUATE GLOBAL ADVANCEMENT SCHOLARSHIP

- [International students](#)

[If you're a high-achieving international student starting an undergraduate degree with us from September 2024, you could be eligible to receive a fee discount of up to £5,000. You'll need to achieve grades equivalent to AAA in A levels. Most of our undergraduate degrees are eligible, with the exception of clinical programmes in Medicine and Dental Surgery.](#)

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THE LIVERPOOL BURSARY

- [Home students](#)

[If you're a UK student joining an undergraduate degree and have a household income below £35,000, you could be eligible for a Liverpool Bursary worth up to £2,000 for each year of undergraduate study.](#)

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CARE LEAVERS' OPPORTUNITY BURSARY

- [Home students](#)

[If you've spent 13 or more weeks in Local Authority care since age 14, you could be eligible for a bursary of £3,000 per year of study. You'll need to be a UK student joining an eligible undergraduate degree and be aged 28 or above on 1 September in the year you start.](#)

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COWRIE FOUNDATION SCHOLARSHIP

- [Home students](#)

[Are you a UK student with a Black African or Caribbean heritage and a household income of £25,000 or less? You could be eligible to apply for a Cowrie Foundation Scholarship worth up to £8,000 for each year of undergraduate study.](#)

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ESTRANGED STUDENTS BURSARY

- [Home students](#)

[If you're a UK student identified as estranged by Student Finance England \(or the equivalent UK funding body\), you could be eligible for a bursary of £1,000 for each year of undergraduate study.](#)

- **GENESYS LIFE SCIENCES SCHOLARSHIP**

- Home students

Joining a School of Biosciences degree and have a household income of less than £25,000? If you're a UK student, you could apply to receive £4,500 per year for three years of your undergraduate course.

- **GRADUATE ASSOCIATION HONG KONG & TUNG UNDERGRADUATE SCHOLARSHIPS**

- International students

- Hong Kong

If you're an undergraduate student from Hong Kong who can demonstrate academic excellence, you may be eligible to apply for a scholarship worth £10,000 in partnership with the Tung Foundation.

- **KAPLAN DIGITAL PATHWAYS EXCELLENCE SCHOLARSHIP**

- International students

Completed a Kaplan Digital Pathways Foundation Certificate? We're offering a £5,000 fee discount off the first year of undergraduate study for a maximum of two high achieving students joining one of our non-clinical degrees from an online Kaplan Foundation Certificate.

- **NOLAN SCHOLARSHIPS**

- Home students

Do you live in the Liverpool City Region with a household income of £25,000 or less? Did neither of your parents attend University? You could be eligible to apply for a Nolan Scholarship worth £5,000 per year for three years of undergraduate study.

- **RIGBY ENTERPRISE AWARD**

- Home students

Are you a UK student with a household income of £25,000 or less? If you've participated in an eligible outreach programme, you could be eligible to apply for a Rigby Enterprise Award worth £5,000 per year for three years of your undergraduate degree.

- **ROLABOTIC SCHOLARSHIP**

- Home students

Are you a UK student with a household income of £25,000 or less? Did neither of your parents attend University? You could be eligible to apply for a ROLABOTIC Scholarship worth £4,500 for each year of your undergraduate degree.

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SPORT LIVERPOOL PERFORMANCE PROGRAMME

- [Home and international students](#)

[Apply to receive tailored training support to enhance your sporting performance. Our athlete support package includes a range of benefits, from bespoke strength and conditioning training to physiotherapy sessions and one-to-one nutritional advice.](#)

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TECHNETIX BROADHURST ENGINEERING SCHOLARSHIP

- [Home students](#)

[Joining a degree in the School of Electrical Engineering, Electronics and Computer Science? If you're a UK student with household income below £25,000, you could be eligible to apply for £5,000 a year for three years of study. Two awards will be available per academic year.](#)

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UNIVERSITY OF LIVERPOOL INTERNATIONAL COLLEGE EXCELLENCE SCHOLARSHIP

- [International students](#)

[Completed a Foundation Certificate at University of Liverpool International College \(UoLIC\)? We're offering a £5,000 fee discount off the first year of undergraduate study to some of the highest achieving students joining one of our non-clinical degrees from UoLIC.](#)

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UNIVERSITY OF LIVERPOOL INTERNATIONAL COLLEGE FIRST CLASS SCHOLARSHIP

- [International students](#)

[We're offering a £1,000 fee discount for years 2 and 3 of undergraduate study to eligible students progressing from University of Liverpool International College. You'll need to be studying a non-clinical subject and get an average of 70% or above in year 1 of your degree.](#)

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UNIVERSITY OF LIVERPOOL INTERNATIONAL COLLEGE IMPACT PROGRESSION SCHOLARSHIPS

- [International students](#)

[If you're a University of Liverpool International College student awarded a Kaplan Impact Scholarship, we'll also consider you for an Impact Progression Scholarship. If selected, you'll receive a £3,000 fee discount off the first year of your undergraduate degree.](#)

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YOUNG ADULT CARER'S (YAC) BURSARY

- [Home students](#)

[If you're a young adult and a registered carer in the UK, you might be eligible for a £1,000 bursary for each year of study. You'll need to be aged 18-25 on 1 September in the year you start your undergraduate degree.](#)

Entry requirements

The qualifications and exam results you'll need to apply for this course.

CLINICAL ENTRY REQUIREMENTS

Please view the [2023 Foundation to Human and Animal Health Professions entry requirements](#).

Applicants should normally be considered ineligible for direct entry to the BSc route.

Your qualification	Requirements About our typical entry requirements
A levels	<p>This programme is designed for mature students who have typically been out of formal education for some time (2 years and above) or who have taken non-traditional qualifications. International students will not be considered.</p> <p>Please note that we will not consider A-Level students or School Leavers. However, consideration may be given to candidates who studied some time ago.</p> <p>In order to give all applicants an equal opportunity, applicants who have been rejected following an interview will not normally be considered again.</p>
GCSE	<p>5 GCSEs at a minimum grade 5 (C) to include Maths, English Language and one science subject (Biology/Chemistry/Physics/Core Science / Additional Science/ Single Science award all accepted). Will consider GCSE resits and/or ONE pending GCSE grade. Applied GCSE Science will not be accepted.</p>
BTEC Level 3 National Extended Diploma	<p>Students currently studying BTEC level 3 will not be considered; BTEC level 2 will not be accepted in lieu of GCSE</p>
International Baccalaureate	<p>Applicants currently studying for International Baccalaureate will not be considered</p>

Your qualification	Requirements About our typical entry requirements
Irish Leaving Certificate	Applicants currently studying for Irish Leaving Certificate will not be considered
Scottish Higher/Advanced Higher	Applicants currently studying for Scottish Highers will not be considered
Welsh Baccalaureate Advanced	Applicants currently studying for Welsh Baccalaureate will not be considered
Graduate application	Applicants with a previous degree but do not meet criteria for direct entry to the degree programme will be considered if they are returning to education following a break.
Access	Applicants currently studying for an Access Diploma will not be considered. Mature students who have recently studied an access course (that is not eligible for direct entry) or have work-related qualification will be considered.
Profession-specific knowledge and skills required	Evidence of a clinical visit is highly recommended but not compulsory.
Declaration of criminal background	Applicants may be expected to complete either a Declaration of Criminal Background or have a full Disclosure Barring Service check as part of their application.
Health screening	Evidence of a clinical visit is highly recommended but not compulsory.
Disability information	Additional support is given to students who have declared a disability on their UCAS application.

Your qualification	Requirements About our typical entry requirements
International qualifications	<p>Many countries have a different education system to that of the UK, meaning your qualifications may not meet our direct entry requirements. Although there is no direct Foundation Certificate route to this course, completing a Foundation Certificate, such as that offered by the University of Liverpool International College, can guarantee you a place on a number of similar courses which may interest you.</p>

ALTERNATIVE ENTRY REQUIREMENTS

- If your qualification isn't listed here, or you're taking a combination of qualifications, [contact us](#) for advice
- [Applications from mature students](#) are welcome.

THE ORIGINAL

REDBRICK